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What is the LIGHT project about?

Rationale

Social exclusion/poverty in many EU countries is still high and feminization of poverty is highlighted. Therefore it is very important to strengthen the bottom-up approach to increase capacity and willing of socially excluded people to be fully integrated into society.

The project aims to increase the level of social inclusion of these target groups:
- senior citizens,
- unemployed people
- migrants.

The main project objectives are:
- to equip three target groups of socially disadvantaged persons: senior citizens,
- unemployed and migrants with the skills, knowledge and competencies that they need
- for coping with challenges and remaining active in society and labor market;
- to develop three educational tools: group social mentoring, role models to foster social inclusion, visual workshops on equal opportunities and non-discrimination, and summarize them within the European framework of Social Mobility Model;
- to adapt the developed Social Mobility Model to all three disadvantaged groups at national level;
- to ensure effective promotion of Social Mobility Model at national and European levels;
- to ensure optimal use of the results beyond the partnership, during and beyond the lifetime of the project.

Therefore, the international partnership from 6 EU countries seeks to develop innovative learning pathways for increasing social mobility to overcome social exclusion, which are introduced by Social Mobility Model (SMM).

SMM is tested on target groups:
- unemployed women (50 persons);
- senior citizens (40 persons);
- migrants (40 persons);

in project partners’ countries:
- Lithuania;
- Czech Republic;
- Germany;
- Spain;
- United Kingdom.

SMM fastens and increases capacity and willing of socially excluded persons themselves to be fully integrated into society and labour market by moving from social exclusion to inclusion. Social mobility is associated with individual opportunities and capacities for progression to overcome social exclusion.
Results and activities

During the project all partners have been developing together the main outputs of the project:

**Group social mentoring**

The method **“Group social mentoring”** is an alternative learning approach to re-/integrate the target groups (senior citizens, migrants and unemployed) into society and labor market.

Group social mentoring uses the group-based methodology to ensure the optimal use of experience of mentor working with 4-5 socially excluded persons having the same problems. The idea is to adapt the method of pair social mentoring to the group social mentoring and transfer the innovative method to the socially disadvantaged persons.

It results in the production of an “E-Workbook for tutors” on CD-ROM. and will be available for downloading from project's website [www.socialmobility.eu](http://www.socialmobility.eu) since 20th November, 2011.

**Role model**

**Role model on social inclusion** is educational tool for learners to strengthen self-confidence by learning from personal experience of people who have overcome social exclusion and successfully moved to social inclusion. Role models are those people who possess the qualities that we would like to have and those who have affected us in a way that makes us want to be better people, motivates behavior and actions.

A multi-language video set consisting 6 video clips with subtitles in Czech, English, German, Lithuanian and Spanish languages is being created and used as an educational tool. Video clips with Role models cover each target group: unemployed persons, migrants and senior citizens.

The developed DVD will be available in hard copies (please apply to the given partner’s contacts at the last page) and for downloading from project’s website [www.socialmobility.eu](http://www.socialmobility.eu) since 20th November, 2011.
Equal opportunities and non-discrimination

The training material for visual workshops “Equal opportunities and non-discrimination” aims to help senior citizens, unemployed people and migrants to improve and develop their civic competencies on gender equality, equal opportunities and non-discrimination, and to facilitate their adaptation to a diverse and changing society and protect their rights.

The materials for visual workshops developed and presented in MS Power Point presentation and supported by charts, drawings and pictures in order to ensure its attractiveness and visibility to learners.

The developed training material will be on multilingual CD-ROM as well as available for downloading from the project’s website www.socialmobility.eu since 20th November, 2011.

European Framework “Social Mobility Model”

Innovative European Framework “Social Mobility Model” (SMM) is introduced with the complex of three interlinked educational pathways: Group Social Mentoring for disadvantaged persons, Learning from the personal experiences of Role models on social inclusion and development of civic competences on gender equality and non-discrimination - Visual Workshops “Equal opportunities and non-discrimination”.

The developed outcome will be published as well as available for downloading from project’s website www.socialmobility.eu since 20th November, 2011.

The reflections from the point of view of end learners about the quality and effectiveness of Social Mobility Model and the possibility of its exploitation for different target groups is essential. Therefore Learners’ Commissions consisting of in total twenty eight learners had been formed in Lithuania, Germany, Spain, Czech Republic and United Kingdom.

The main outcomes are developed using recommendations from the Learners’ Commissions targeted for adult educators, adult education organizations, NGOs, community centres working in the field of social inclusion.

The main project’s outcomes will be presented during Final International conference on 4th of November, 2011 in Kaunas, Lithuania.

Upcoming event

FINAL CONFERENCE

If you wish to participate in the event, please contact project representative in your country or project coordinator (contacts are listed on last page).

The biggest exploitation and dissemination event – Final international conference will take place on 4th of November, 2011 in Kaunas, Lithuania.

Relevant stakeholders are invited to attend the conference from partner countries. During this event, the project results will be introduced and delivered to all participants. The event will be held in English language.
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